

Walk to Remember Special Edition

UNITE Notes

© *UNITE Notes* is a quarterly publication of UNITE, Inc.

P.O. Box 298, Oxford, PA 19363, www.unitegriefsupport.org, 484-758-0002

THE WALK

I walk for you



I put your name on my back
Your soul in my heart
And I walk with others
who know
each step
each thought
each breath



each bubble sent skyward Is for you





A walk to remember
is what they call it
but
I do not need to walk to
remember
I remember every minute of
every day



I walk to celebrate
to thank you
to acknowledge you
to scream your name to
those
who forget



I walk for you for love



Sandy Goodman Copyright by Sandy Goodman, www.loveneverdies.net

Over the Years

UNITE's 35th anniversary celebration occurred 12 years ago on May 22, 2011. It was not called the First Walk of Remembrance. It was simply an anniversary celebration in which the group joined together to enjoy a nice picnic in the park and a stroll through the woods.

It was such a huge success that it was decided that we would continue the event every year in May to coincide with Mother's Day.

The seventh Walk to Remember on May 13, 2017 was rained out and was rescheduled for October 7, 2017. It was at this time that the board decided that all future walks would occur in October to coincide with Pregnancy and Infant Loss Awareness Month. Considering the reason for the gathering, this change seemed to be very appropriate.

Over the years, the Walk to Remember has grown. The first walk had just raised approximately \$2000 while the 12th Walk, this past October, raised over \$16,000. Besides providing support and comfort to all attendees, the Walk to Remember has become UNITE's biggest fundraiser.

I attended the 35th anniversary celebration when I was just 13 years into my grief journey. I connected with others on the same journey and we shared stories of our babies while enjoying the day. Yes, there were some tears but there was also lots of laughter and camaraderie. That's what it was all about. And, who knew the Walk to Remember would evolve into the great event it is today? I sure did not!

I hope you enjoy this little walk down memory lane.

Theresa Fisher

Giving Tuesday

Matt Sklar

Giving Tuesday is the Tuesday after Thanksgiving in the United States. It is touted as a "global generosity movement unleashing the power of people and organizations to transform their communities and the world."

At UNITE, we provide a safe space for grieving parents to help one another. Our Peer-to-Peer support groups for many are what makes the difference between simply surviving and moving forward on their grief journey. It is through the support of our community that we continue our mission. We hope that on this Giving Tuesday, you will make a donation to UNITE and ask others to do so, as well. It is only through the generosity of others, that UNITE will be able to continue the wonderful work they perform.



UNITE's 35 Anniversary Celebration The 2011 First Walk

Celebrating UNITE

UNITE's 35th anniversary celebration was held on May 22, 2011 at Ridley Creek State Park in Newtown Square, Pa. Some people might wonder why grieving parents would want to gather in the park for a picnic celebration.

Yes, indeed, we are grieving parents and the UNITE support group meetings that many of us attend monthly are not a celebration. They are a time for us to share our pain, loneliness, and anxiety with each other and to grow through our grief together.

But just because we are grieving does not mean that we do not take time to remember and celebrate the short but meaningful lives of our babies.

On May 22nd, families, friends, and caregivers from throughout the region came together to share good food and good conversation and to walk together in remembrance of our babies. Although many of us had never met before, we felt like we knew each other because we share something so special in common...our love for our babies. Yes, we are grieving, but we do not always have to be sad. We can hold each other up, and we can walk together, and we can celebrate. And that is exactly what we did.

We celebrated because for 35 years, UNITE's facilitators, caregivers, board members, family members, and grieving parents have been helping each other across the stepping stones of grief.

During our celebration, we read the beautiful poem titled, "Stepping Stones," by Barbara Williams, we distributed "hope" stones as a token of remembrance, and we walked the path together. We shared an abundance of food and we had so much fun with the basket raffle. We raised a total of \$886 for UNITE! We also took a moment to thank and recognize one of our volunteers, Jon Paul, for his significant contributions to UNITE. We celebrated!

Linda Nuccitelli

Thank you for participating!

We would like to offer our sincere thanks to all of the UNITE members and families that helped make our celebration a success by joining us for the picnic and by donating food, supplies, and basket raffle items.



Together We'll Walk The Stepping Stones

Written by Barbera Williams

Read During Our 35th Anniversary Celebration...Our First Walk to Remember

Come, take my hand, the road is long. We must travel by stepping stones. No, you're not alone. I'll go with you. I know the road well, I've been there. Don't fear the darkness. I'll be with you.

We must take one step at a time. But remember we may have to stop awhile. It is a long way to the other side and there are many obstacles.

We have many stones to cross
Some are bigger than others...
Shock, denial, and anger to start.
Then comes guilt, despair, and loneliness.
It's a hard road to travel but it must be done.
It's the only way to reach the other side.

Come, slip your hand in mine.
What? Oh, yes, it's strong.
I've held so many hands like yours.
Yes, mine was one time small and weak like yours.
Once, you see,
I had to take someone's hand in order
To take the first step.

Ooops! You've stumbled. Go ahead and cry. Don't be ashamed, I undertsand.

Let's wait here awhile and get your breath. When you're stronger we'll go on, One step at a time.
There's no need to hurry.

Say, it's nice to hear you laugh. Yes, I agree, the memories you shared are good. Look, we're halfway there now; I can see the other side. It looks so warm and sunny.

Oh, have you noticed?
We're nearing the last stone
and you're standing alone.
And look, your hands, you've let go of mine, and
we've reached the other side.

But wait. Look back. Someone is standing there. They are alone and want to cross the stepping stones.

I better go; they need my help.

What? Are you sure?

Why, yes, go ahead, I'll wait.

You know the way – you've been there.

Yes – I agree – it's your turn, my friend –

To help someone else cross the stepping stones.



2023 Walk to Remember

Simon Hindle

Friends

The coming together of friends to mourn, remember, and celebrate our babies is always a day of mixed emotions. It has been many an experience of our members that during the aftermath of a loss, many of us experience the loss of friends, as well. It can be for many varied reasons, but usually, a lack of acknowledgement, not wanting to discuss or even say a name is a significant common factor. A lack of understanding, a lack of appreciation of the depth of our loss, and that the question and words, "are you better now?" should never be uttered, because it's not appropriate. It is a long enduring feeling that never goes away and stays with us regardless of the mask we may wear on a daily basis.





So, on a day like today, where we are able to share, remember, and be amongst those that know, our friends, it is a welcome respite from the usual awkwardness that occurs when we meet people from outside of the group who haven't had the same experience. Despite the nature of the day, we feel comforted in others saying our babies' names, and we don't hesitate to say the names of our friends' babies. Yes, there is no hesitation, no fear of causing offence, because it's welcomed beyond words.

Friends, who but for this shared experience of loss, we would likely have never met, and never have known such kind and giving hearts. It's sad to think that although we would gladly rewind the clock and have a different outcome on another timeline, we would always opt not to lose our babies. But it would be sad to think that in a world where an alternate reality could be envisaged, these friends, with a deeper link, we would lose and never know.



International Pregnancy & Infant Loss Remembrance Day

The 2023 Walk occurred on the same day as the Internationally observed Pregnancy & Infant Loss Remembrance Day. We try to align the walk to the closest weekend that the day of observance occurs, but it was particularly poignant in being able to observe on the exact same day this year.

The 2022 walk was very well attended so I wondered if it was not just about the significance of the day itself, but also a symptom of the release from isolation which had been brought about by covid restrictions, as well. However, this year proved that not to be the case, as the number in attendance this year remained strong and seemed to be a lot more. This was both heartwarming and saddening with old and new faces sharing the day alike.





Furthermore, we were able to be joined by our friends and families from A Walk to Remember Philadelphia. It is great when we can spread the word and be inclusive for us to all share in that spirit of remembrance. It was great to see so many people support it and great to see our friend Denise Thomas who worked with us to help it run smoothly and make it a great event.







The Walk

The day itself was largely left a simple affair. It's about our children and remembering and acknowledging our loss and those of our friends.



Located at picnic area #17 of the Ridley Creek State Park, proceedings kicked off at midday. We had signs and luminaries to mark the path of the walk. We had raffle prizes which catered for so many tastes: pamper packs; Fall /firepit lovers kit; coffee lovers basket; Bourbon & Balls whiskey and golf lovers basket; and box seats for the 76'ers. It didn't stop there as there were self-care packs and pamper packages too. Congratulations to all the winners!

Denise Paul kicked off events with a fitting reading before the walk started down a lane of luminaries.



Three hours between midday and 3pm may seem like a long time, but the time flew by very quickly. We also had the services of our smooth talking and ever-present Master of Ceremonies, Matt Sklar, on microphone to drive us through the day.



But, there was also a surprise winner that wasn't on the raffle tables.....





The Proposal

Congratulations to Tommy and his betrothed (yes, she said yes) – Tommy was a winner without need to put his hand in the raffle ticket draw bucket. Congratulations again to both.



Increasing Awareness

In the build up to the day, Maggie and Jason Rousis appeared on our local Philadelphia Fox29 news channel a week before the walk. In addition to talking of their own experience and their charity "Benji's Blessings," named after their loss, they also generously highlighted the event, their experience with UNITE, and this Walk. Well done to both. For both representing the cause, for bravely and successfully withstanding the scrutiny of the TV cameras, we thank you for your support and personal sponsorship of this event.



Thank You

Thanks to all who came and shared the day. Thanks to my colleagues in the organizing committee, Andrea Devenney, Kevin Binns, Matt Sklar, and Denise Thomas, for pulling it together. Thanks to the Unite groups for support and provision of prize baskets for the fundraising raffle prizes, which were immense and varied. Lastly, but very importantly, a very big thank you must also go to our sponsors who helped to make the day the success that it was.





SPONSORS

A huge ... HUGE ... Thanks to our presenting sponsors,

- The Manny and Ruthy Cohen Foundation, and
- A Walk to Remember Philadelphia



Their support of this year's event was incredibly generous. Words don't do justice to the heartwarming support they brought, but we are incredibly grateful. Thank you!

Also, a big thanks to our Gold Sponsor Plymouth Opticians who are supporting us for the second year running. Their support helped to make the day the success that it was.

Thanks also to the Springfield Country Club and Dynamic Advertising Solutions for their continued support.

.. and to all our personal sponsors for the immense support shown.

Finally, and to everyone who took part, thank you for coming and helping to make it truly a Walk to Remember.



Bubbles

Bubbles....Each person who experiences the loss of a baby, be it a parent, grandparent, sibling, family member, or friend, begins his journey in a bubble.... isolated and alone. Only when people join together in their grief do the bubbles burst and the grief can be shared. (Author Unknown)



Prior to beginning our Walk to Remember, we read the beautiful poem titled "The Walk", then we passed out small, heart shaped, tubes of bubbles to all the walkers and we blew loving bubbles skyward in remembrance of our children. (2nd Walk)

The bubbles that are blown by all, bring a powerful releasing feeling, as if we are sending our love directly to our babies. (3rd Walk)

The poem that is read and the blowing of the bubbles before the walk begins are so powerful it gives us the courage to remember and reflect on our loved ones. (4th Walk)



They have bubbles and there are snacks and food. (5th Walk)

Just prior to the beginning of the walk, each participant is given a bubble wand and is encouraged to blow bubbles.... bubbles released to honor the babies, released to honor the families, released to honor the journeys. (6th Walk)



We blow bubbles to remember our loved one and then transition into the walk. (6th Walk)



Raffles

Once we return, we announce winners of the raffles. The raffles are very good and they include wine baskets, spa baskets, gift cards, summer baskets, and more. This time, my sister and I picked the winners and for the one we wanted, there were two raffle tickets (one was ours, another someone else's) and luckily, I picked ours! I use the stuff from the basket a lot and I am sure everyone else does, too. They always have the best baskets thanks to the people who donate them. (Maggie Plaisted, 14 year old walker, 5th Walk)



We shared an abundance of food, and we had so much fun with the basket raffle. We raised a total of \$886 for UNITE! (1st Walk)



We had raffle prizes which, for the size and generosity, the term "raffle" seems inadequate with box seats for the Flyers and 76'ers, spa experience, fan packs, and

pampering baskets to name but a few. (11th Walk)



We are happy to announce that between sponsorships, donations, yard and luminary sales, and raffle tickets, we raised over \$9000.00. Thanks to the UNITE groups for support and provision of prize baskets for the fundraising raffle prizes, which were immense and varied. (11th Walk)

The raffles add an entertaining element to the picnic which always lightens moods and helps people smile. (3rd Walk)



As always, we shared lunch, raffled off many generous basket donations (congrats to our winners!) and kicked our walk off with the tradition of reciting poems and blowing bubbles. (8th Walk)

We had raffle prizes which catered for so many tastes: pamper packs; Fall /firepit lovers kit; coffee lovers basket; Bourbon & Balls whiskey and golf lovers basket; and box seats for the 76'ers. It didn't stop there, there were self care packs and pamper packages too. Congratulations to all the winners! (12th Walk)



Impressions of Our Walks

Written by Those Attending the Walks

But just because we are grieving does not mean that we do not take time to remember and celebrate the short but meaningful lives of our babies. (1st Walk)

As members and friends of UNITE, we are all connected by our love for our children, and when we gather together we feel like one big family. (2ND Walk)

Although we never forget every second of everyday our babies that have left us, it is nice to attend a function to honor them and to remember that they were here. (3rd Walk)

The walk itself brings on a lot of emotions, both sad because we are remembering our babies, and happy because we have all come together to honor our babies. (3rd Walk)

It brings unity to all who come, from the parents that have lost their child, to siblings, grandparents, aunts, uncles, cousins, friends, and UNITE board members, as well. (3rd Walk)

Life can be so difficult after losing a baby, especially when we are constantly focusing on our loss and on the things that we cannot do for our babies; the walk provides parents and families a special way to honor and remember the precious babies that they grieve. (4th Walk)

This event brings everyone together who has the unfortunate understanding of the experience of miscarriage, infant loss, and stillbirth. The togetherness, sense of community, and unity bring a comforting experience along with a pleasurable walk among friends and family. (4th Walk)





In my opinion, UNITE hosts a fun and relaxing few hours in the park. I look forward to it year round. (5th Walk)

Yes, there is sadness when you think about the reason we gather but there is also happiness that everyone there understands. They 'get it'. (6th Walk)

We are here to remember their daughter and to recognize their strength and walk with them on their grief journey. (7th Walk)

He didn't leave her luminaria for most of the event, even when it began to drizzle. He just wanted to be near her, or at least something, that bore her name...remembering her, acknowledging her, grieving her in a safe place with people who understood that the depth of his grief had nothing to do with how long he knew his sister but everything to do with how much he loved her.(8th Walk)

On a beautiful October Day, we walked to remember (9th Walk)

To hear the names of our babies and being able to say them out loud and hear others say their names, too, is as close to consolation as one can get - but it's needed and welcomed by us all. This day helps to do that in such a huge way. (11th Walk)

Despite the nature of the day, we feel comforted in others saying our babies names, and we don't hesitate to say the names of our friends' babies. Yes, there is no hesitation, no fear of causing offence, because it's welcome beyond words. (12th walk)

Friends and Family























Friends and Family





















UNITE Walk to Remember Special Edition





















Friends and Family



Walk To Remember 2023 Donations

We Are So Grateful for Donations Given Throughout the Year

Walk to Remember Sponsors

Presenting Sponsors

The Manny & Ruthy Cohen Foundation The Walk to Remember Philadelphia

Gold Sponsor

F. Gimbel Enterprises – Plymouth Opticians

Proud Sponsors

Dane Berkowitz

Dynamic Advertising Solutions, Inc.

Snow Crab Dining LLC - Springfield Country Club

Benjis Blessings

Simon & April Hindle

Matthew & Hali Sklar

Nancy & Stephen Sklar

William & Donata Devenney

Andrea & William Devenney

Dennis & Leslie Boyle

Ilene & Jeff Seidel

Mark & Lisa Entwistle

Alan & Lynne Fefer

Kevin & Karen Binns

Stephen & Debbie Bernstein



Walk to Remember Donations

Meredith Berkowitz

Katharine Donaldson

Jewish Foundation

Marissa Litman

Melissa Grzymala

Erica Gray

David Raymond

Christine Hardnock

Dan Ritter

Tristan Jones

Mary Anne Evans & Denise Thomas – A Walk to

Remember Philadelphia

Matthew Boyle

Keith Coady

Andrew Saunders Lucy

PJW Restaurant Group

Brian & Courtney DeJesus

Samantha Wilson

Carley Heim – In Loving Memory of Sara Nicole Heim

Megan Smith

Hannah Hudoka

Shawn Camm

Renee Camm

Benjamin Holt

Rosemary Jenners

Caitlin Deprinzio

Karen Boyle

Christopher Schieve

Carol O'Brien

Emily Geschke

Gina Boyle

Eric Wexler

Richard Gambrill

Dee Bondra - In Memory of Dante Jose

Roger Barr

Irwin Fine

Laurel Espenlaub

Sanjay Chaudhury – Walk to Remember for our lost

butterfly

Robin Foy

Ann Dickey

Walk to Remember Luminarias

Catlin DePrinzio – In memory of Danielle Theresa DePrinzio, Love Mommy, Daddy, Jennifer & Parker.

Eilleen Collyer -In memory of Esperanza

Jordan & Haylee Bernstein - In Memory of Maya Sklar

Jordan & Haylee Bernstein - In Memory of Maya Sklar

Jessica Powell – In Memory of Angel Jay Filetti

Matthew Sklar – In Memory of Maya Dylan Sklar

Sarah Yaron -

Sarah Yaron -

Anna Smith – In Memory of Bodurtha-Sydlik

Nicolas Skuli – In Memory of Clementine Nicole Skuli

Nancy Sklar – In Memory of Maya Dylan Sklar

Mark West -

Kim Brogan – In Memory of Ayra & Kameron

Julia Housenick - In Memory of Hannah Grace Paone

Sonia Pascual – In Memory of Lola Alvar-Pascual

Sonia Pascual – In Honor of Lola Alvar-Pascual

Haley Zukowski – In Memory of Tyler James Zukowski-Echols

MaryBeth Straccia - In Honor of Graham Jeffrey Straccia

Ionna Needles – In Memory of Eleanor Jane Guth

Renee Camm – In Memory of Christian Michael Camm

Karen Medvidik – In Memory of Madison Marie Poulton

Cathy Boyle – In Memory of Madison Marie Poulton

Cathy Boyle – In Memory of Madison Marie Poulton

Margaret Rousis – In Memory of Benjamin Alexander Rousis

Margaret Rousis – In Memory of Blip Rousis

Margaret Rousis – In Memory of Starlord Rousis

Margaret Rousis – In Memory of Emby Rousis

Bianca Sorrentino – In Memory of Dante Jose Valverde

Mama & Papi - In Memory of Dante Jose Valverde

Noel J Anttell – In Memory of Madison Marie Poulton

Amanda Hudson – In Memory of Madison Marie Poulton

Kelly Sakmar – Dedicated to "Hope anchors my Soul" Hebrews 6:19

Kimberly Hanna - In Memory of Madison Marie Poulton

Kimberly Hanna - In Memory of Madison Marie Poulton

Lisa Hudson - In Memory of Madison Marie Poulton

Kimberly Szyper - In Memory of Madison Marie Poulton

William Henrich - In Memory of "Our Angel Babies of 20, 21, 22 and 23"

Justina Cwenar – In Memory of Lee Peckham

Paris Margaritis – In Memory of Alexander Ilias Margaritis

Geschke Family – In Memory of Graham Geschke

Toby Ellen Sterling – In Memory of Toby Sterling

Toby Ellen Sterling – In Memory of Richard Sterling

Amanda Sierko

Crystal Ortiz

Kristin Salber-Black



Walk to Remember Yard Signs

Catlin DePrinzio – In memory of Danielle Theresa DePrinzio

Haylee Bernstein - In Memory of Maya Sklar

Haylee Bernstein – In Memory of Maya Sklar

Jessica Powell – In Memory of Angel Jay Filetti

Nicolas Skuli – In Memory of Clementine Nicole Skuli

Joan Hudson – In Memory of Madison Marie Poulton 8/22/2015

Mark West -

Julia Housenick – In Memory of Hannah Grace Paone

Haley Zukowski – In Memory of Tyler James Zukowski-Echols

MaryBeth Straccia – In Honor of Graham Jeffrey Straccia

Renee Camm – In Memory of Christian Michael Camm

Pamela Alegado – In Memory of Grayson Wexler

Bianca Sorrentino – In Memory of Dante Jose Valverde

Mama & Papi - In Memory of Dante Jose Valverde

Kelly Sakmar – In Honor of "Saint TJ" Sakmar

Amanda Giardinelli – In Memory of Islay Marie Carr

Lisa & Michael McLaughlin – In Honor of Emmie Rose McLaughlin

Erin Callaghan – Dedicated to Graham Straccia

Toby Ellen Sterling – In Memory of Toby & Richard Sterling

Geraldine Wismer – In Memory of Freida Wismer

Anna Schieve – In Memory of Reed Michael Schieve



UNITE Walk to Remember Special Edition

In Memory of Anthony Devenney

Andrea & William Devenney William & Donata Devenney Dennis & Leslie Boyle Kevin & Karen Binns

In Memory of Maya Dylan Sklar

Matthew & Hali Sklar
Nancy Sklar
Brandon Seidel
Ilene Seidel
Brian Rosenfeld
Jessica Furman
Brooke Seidel
Sarah Yaron
The Manny & Ruthy Cohen Foundation
Anna Butler
Stephen & Debbie Bernstein – In Loving Memory Nanny and Pop-Pop

In Memory of Charlotte Hindle

Simon & April Hindle
Mark & Lisa Entwistle – Forever in our Hearts,
Charlotte Erika Hindle
Dan Ritter – Charlotte Hindle –2023 Walk to Remember
Sam Rizzo
Sanjay Chaudhury

Walk to Remember In-Kind Donations

UNITE Fund Raising Committee

- Matt Sklar
- Simon Hindle
- Andrea Boyle
- Denise Thomas
- Kevin Binns

Hali Sklar Susan McAndrew Sheila McCabe Denise Paul

Butterflies

Joe & Cindi Callaghan – In memory of Perpetua Marie Joe & Cindi Callaghan – In memory of Katharine Elizabeth

Grants

The Merck Foundation

UNITE offers a number of services to grieving parents and their caregivers including the following:

Peer to Peer Grief Support Groups

- * Literature
- * Educational Programs
- * Training Workshops
- * Group Development Assistance

Without Your Most Generous Donations, UNITE Would Not Be Able To Continue These Services





Mailing Address and Phone Number

Please note our new mailing address: P.O. Box 298, Oxford, PA 19363

Phone Number

Please note our new phone number: 484-758-0002

Safe Arrivals

We would love to hear about your safe arrival so we all can celebrate in your joy. So we can put it in the newsletter, please send information on your new bundle of joy to

administrator@unitegriefsupport.org

Home Page Info

www.unitegriefsupport.org

Virtual Butterflies: The donation cost for placing one of these virtual items on the page is \$25 and will be in memory of your baby. You may donate through PayPal by clicking on the Buy Now icon. Note: On

the PayPal page, where it states, "Instructions to the Merchant," type in your baby's name, etc.

Newsletter Submissions

Please send your original poetry, short stories, articles, and letters to UNITE Notes. The beautiful writings that we receive from UNITE's bereaved parents are what make our newsletter so special. If you have written poems, articles, etc. that you would like to share with other parents, please send them soon. Note that the newsletter is now being uploaded to the UNITE website which allows all who are searching for comfort and support due to the loss of their child(ren) to see your written story.

Acknowledgments

If anyone has not received an acknowledgment for their donation, please contact the administrator@unitegriefsupport.org, or call the UNITE line at 484-758-0002. Please leave your name, phone number, and the best time to return your call.

Fundraisers Wanted

We are looking for some fresh ideas in fund raising! Do you have an idea to share? We'd love to hear about it. Please contact UNITE at administrator@unitegriefsupport.org.

Support Groups

UNITE in-person support group meetings are suspended until further notice Please call 484-758-0002 if you would like to attend a UNITE Virtual Support Group

For information about the group nearest you, please contact UNITE, Inc. at 484-758-0002 (leave a message), write to UNITE Inc. at P.O. Box 298, Oxford, PA 19363, or email <u>administrator@unitegriefsupport.org</u>. **All UNITE Virtual Support Groups are by Invitation only.** New members <u>must</u> contact the group coordinator before attending their first meeting. UNITE, Inc. does not discriminate on the basis of gender, age, marital status, religious belief, race, sexual orientation or economic status.

Pennsylvania

UNITE, Holy Redeemer

Huntingdon Valley, PA

Meets 3rd Thursday, 7:00 PM - 9:00 PM

Facilitators:

Denise Paul

Liz Steward

UNITE, Lankenau Hospital

Wynnewood, PA

Meets 3rd Tuesday, 7:30 PM - 9:00 PM

Facilitator:

Paris Margaritis

UNITE, Paoli

Paoli Pointe Medical Center, next to hospital Meets 2nd Monday, 7:00 PM - 8:30 PM

Facilitators:

Sue McAndrew

Gerri Donaher

UNITE, Pennsylvania Hospital

Philadelphia, PA

Meets 1st Tuesday, 6:30 PM - 8:00 PM

Facilitators:

Michelle Ferrant

Kelly Colby

UNITE, University of Pennsylvania Medical Center

Philadelphia, PA

Meets 3rd Tuesday, 7:00 PM - 8:30 PM

Facilitators:

Kelly Zapata

Vicki Kroesche

UNITE, Riddle Memorial Hospital

Media, PA

Meets 2nd Thursday, 7:00 PM - 8:30 PM

Facilitators:

Regina Fazio

Sheila McCabe

New Jersey

UNITE, Penn Medicine Princeton Health

Meets 1st Wednesday, 7:00 PM - 9:00 PM

Contact: Debbie Miller, RN

Facilitator:

Bernadette Flynn-Kelton BSN, RN

UNITE, Virtua at Voorhees

Barry D. Brown Health Education Center Meets 1^{st} and 3^{rd} Monday 7:00 PM - 9:00 PM

Facilitator:

Ann Coyle, RN

Subsequent Pregnancy Groups

UNITE, Virtual Support Group

Virtually on Zoom by invitation

Meets 1st Monday, 6:30 PM - 8:00 PM

Facilitator:

Denise Paul

Father's Group "Grieving Dads"

Virtually on Zoom by invitation

Meets 2nd Tuesday, 7:00 PM - 8:30 PM

Facilitators:

Simon Hindle

Matthew Sklar

UNITE Parenting After Loss Group

Virtually on Zoom by invitation

 $Meets\ 2^{nd}\ Wednesday,\ 7{:}30\ PM-9{:}00\ PM$

Facilitators:

Hali Sklar

Cathy Plaisted

UNITE Notes Staff

Editor: Theresa Fisher Co-Editor: Laurie Holper

Administrator: Barbara Bond-Moury

Submissions: We welcome your original poetry and articles. Your contributions are important to UNITE's work of reaching out to bereaved parents. We reserve the right to edit and select from submissions. Please send all submissions to:

UNITE Inc.

P.O. Box 298

Oxford, PA 19363

484-758-0002

or email administrator@unitegriefsupport.org

UNITE Notes is published quarterly by UNITE, Inc., a non-profit corporation. All Rights Reserved.

Please correspond with UNITE, Inc. before reprinting any material from *UNITE Notes*. In most cases reprinting permission is extended, but only with proper credit noted, including author, "Used with permission from *UNITE*"



P.O. Box 298 Oxford, PA 19363 www.unitegriefsupport.org